UNITED STATES DISTRICT COURT DISTRICT OF NEBRASKA

UNITED STATES OF AMERICA Plaintiff

v. Case Number 8:05cr201

USM Number 20241-047

ALANA ALEXANDER aka ALANA J. HELMS

Defendant

Alan G. Stoler

Defendant's Attorney

JUDGMENT IN A CRIMINAL CASE (For Offenses Committed On or After November 1, 1987)

THE DEFENDANT pleaded guilty to count IV of the Indictment on September 9, 2005.

ACCORDINGLY, the court has adjudicated that the defendant is quilty of the following offense:

Title, Section & Nature of Offense	Date Offense <u>Concluded</u>	Count <u>Number</u>
21 U.S.C. 841(b)(1) - Possession With Intent to Distribute Methamphetamine	March 23, 2005	IV

The defendant is sentenced as provided in pages 2 through 6 of this judgment. The sentence is imposed pursuant to the Sentencing Reform Act of 1984 and *Booker/FanFan* decisions.

Counts I, II, and III of the Indictment are dismissed on the motion of the United States as to this defendant only.

Following the imposition of sentence, the Court advised the defendant of his right to appeal pursuant to the provisions of Fed. R. Crim. P. 32 and the provisions of 18 U.S.C. § 3742 (a) and that such Notice of Appeal must be filed with the Clerk of this Court within ten (10) days of this date.

IT IS ORDERED that the defendant shall notify the United States Attorney for this district within 30 days of any change of name, residence, or mailing address until all fines, restitution, costs and special assessments imposed by this judgment are fully paid. If ordered to pay restitution, the defendant shall notify the court and United States attorney of any material change in the defendant's economic circumstances.

Date of Imposition of Sentence: December 2, 2005

> s/Joseph F. Bataillon United States District Judge December 7, 2005

Defendant: ALANA J. HELMS

Case Number: 8:05cr201

Page 2 of 6

IMPRISONMENT

The defendant is hereby committed to the custody of the United States Bureau of Prisons to be imprisoned for a term of **sixty (60) months**.

The Court makes the following recommendations to the Bureau of Prisons:

- 1. That the defendant participate in the 500-hour Comprehensive Drug Treatment Program or any similar drug treatment program available.
- 2. That the defendant be incarcerated in FPC Pekin, Pekin, IL or in a federal facility as close to **Omaha, Nebraska** as possible.
- 3. Defendant shall be given credit for time served to include March 23, 2005 through July 18, 2005.
 - (X) The defendant shall surrender for service of sentence at the institution designated by the Bureau of Prisons **no earlier than January 4, 2006** as notified by the United States Marshal.

ACKNOWLEDGMENT OF RECEIPT

I hereby acknowledge receipt of a copy of this judgment this day of,
Signature of Defendant RETURN
It is hereby acknowledged that the defendant was delivered on the day of,
UNITED STATES WARDEN
Ву:
NOTE: The following certificate must also be completed if the defendant has not signed the Acknowledgment of Receipt, above.
CERTIFICATE
It is hereby certified that a copy of this judgment was served upon the defendant this day of,
LINITED STATES WADDEN
UNITED STATES WARDEN

By:_

Defendant: ALANA J. HELMS Page 3 of 6

Case Number: 8:05cr201

SUPERVISED RELEASE

Upon release from imprisonment, the defendant shall be on supervised release for a term of **five** (5) years.

The defendant shall report to the probation office in the district to which the defendant is released within 72 hours of release from the custody of the Bureau of Prisons.

The defendant shall not commit another federal, state or local crime.

The defendant shall not possess a firearm, destructive device, or any other dangerous weapon.

The defendant shall not unlawfully possess a controlled substance. The defendant shall refrain from any unlawful use of a controlled substance. The defendant shall submit to one drug test within 15 days of release from imprisonment and at least two periodic drug tests thereafter, as determined by the court.

If this judgment imposes a fine or restitution, it is a condition of supervised release that the defendant pay in accordance with the Schedule of Payments sheet of this judgment.

The defendant must comply with standard conditions that have been adopted by this court as well as with any additional conditions on the attached page.

STANDARD CONDITIONS OF SUPERVISION

- 1. The defendant shall not leave the judicial district without the permission of the court or probation officer;
- 2. The defendant shall report to the probation officer and shall submit a truthful and complete written report within the first five days of each month;
- 3. The defendant shall answer truthfully all inquiries by the probation officer and follow the instructions of the probation officer;
- 4. The defendant shall support his or her dependents and meet other family responsibilities;
- 5. The defendant shall work regularly at a lawful occupation, unless excused by the probation officer for schooling, training, or other acceptable reasons;
- 6. The defendant shall notify the probation officer at least ten days prior to any change in residence or employment;
- 7. The defendant shall refrain from excessive use of alcohol and shall not purchase, possess, use, distribute, or administer any controlled substance or any paraphernalia related to any controlled substances, except as prescribed by a physician;
- 8. The defendant shall not frequent places where controlled substances are illegally sold, used, distributed, or administered;
- 9. The defendant shall not associate with any persons engaged in criminal activity and shall not associate with any person convicted of a felony, unless granted permission to do so by the probation officer;
- 10. The defendant shall permit a probation officer to visit him or her at any time at home or elsewhere and shall permit confiscation of any contraband observed in plain view of the probation officer;
- 11. The defendant shall notify the probation officer within seventy-two hours of being arrested or questioned by a law enforcement officer:
- 12. The defendant shall not enter into any agreement to act as an informer or a special agent of a law enforcement agency without the permission of the court;

Defendant: ALANA J. HELMS
Case Number: 8:05cr201
Page 4 of 6

13. As directed by the probation officer, the defendant shall notify third parties of risks that may be occasioned by the defendant's criminal record or personal history or characteristics and shall permit the probation officer to make such notifications and to confirm the defendant's compliance with such notification requirement.

SPECIAL CONDITIONS OF SUPERVISION

- 1. The defendant shall cooperate in the collection of DNA as directed by the probation officer, pursuant to the Public Law 108-405 (Revised DNA Collection Requirements Under the Justice for All Act of 2004), if such sample was not collected during imprisonment.
- 2. Paragraph # 7 of the Standard Conditions of supervision is modified, i.e., instead of merely refraining from excessive use of alcohol, the defendant shall not purchase or possess, use, distribute, or administer any alcohol, just the same as any other narcotic or controlled substance.
- 3. The defendant shall be subject to the search of the defendant's premises, vehicle or person, day or night, with or without a warrant, at the request of the probation officer to determine the presence of alcohol and/or controlled substances, firearms or any other contraband. Any such items found may be seized by the probation officer. This condition may be invoked with or without the cooperation of law enforcement officers.
- 4. The defendant shall attend, pay for and successfully complete any diagnostic evaluations, treatment or counseling programs, or approved support groups (e.g., AA/NA) for alcohol and/or controlled substance abuse, as directed by the probation officer.
- 5. The defendant shall participate in a victim awareness program as directed by the probation officer. Based on the defendant's ability to pay, the defendant shall pay for the costs of the program in an amount determined by the probation officer.
- 6. The defendant shall attend, successfully complete, and pay for any mental health diagnostic evaluations and treatment or counseling programs as directed by the probation officer.
- 7. The defendant shall provide the probation officer with access to any requested financial information.
- 8. Pursuant to 18 U.S.C. § 3583 (d), the defendant shall submit to a drug test within fifteen (15) days of release on supervised release and at least two (2) periodic drug tests thereafter to determine whether the defendant is using a controlled substance. Further, the defendant shall submit to such testing as requested by any probation officer to detect the presence of alcohol or controlled substances in the defendant's body fluids and to determine whether the defendant has used any of those substances. Based on the defendant's ability to pay, the defendant shall pay for the collection of urine samples to be tested for the presence of alcohol and/or controlled substances in an amount to be determined by the probation officer.
- 9. The defendant shall report to the Supervision Unit of the U.S. Probation Office for the District of Nebraska between the hours of 8:00 a.m. and 4:30 p.m., 111 South 18th Plaza, Suite C79, Omaha, Nebraska, (402) 661-7555, within seventy-two (72) hours of release from confinement, and, thereafter, as directed by the probation officer.

Defendant: ALANA J. HELMS
Case Number: 8:05cr201

CRIMINAL MONETARY PENALTIES

The defendant shall pay the following total criminal monetary penalties in accordance with the schedule of payments set forth in this judgment.

Total Assessment Total Fine Total Restitution
\$100.00

The Court has determined that the defendant does not have the ability to pay interest and it is ordered that:

FINE

No fine imposed.

RESTITUTION

No restitution was ordered.

Defendant: ALANA J. HELMS

Case Number: 8:05cr201

Page 6 of 6

SCHEDULE OF PAYMENTS

Having assessed the defendant's ability to pay, the court orders that payment of the total criminal monetary penalties shall be due as follows:

The defendant shall pay the special assessment in the amount of \$100.00 immediately.

Unless the court has expressly ordered otherwise in the special instruction above, if this judgment imposes a period of imprisonment, payment of criminal monetary penalties shall be due during the period of imprisonment. All criminal monetary penalties, except those payments made through the Federal Bureau of Prisons' Inmate Financial Responsibility Program, are made to the clerk of the court, unless otherwise directed by the court, the probation officer or the United States attorney.

All financial penalty payments are to be made to the Clerk of Court for the District of Nebraska, 111 S. 18th Plaza, Suite 1152, Omaha, NE 68102-1322.

The defendant shall receive credit for all payments previously made toward any criminal monetary penalties imposed.

The defendant shall inform the probation officer of any change in his or her economic circumstances affecting the ability to make monthly installments, or increase the monthly payment amount, as ordered by the court. In the event a defendant is able to make a full or substantial payment toward the remaining criminal monetary penalty, he or she shall do so immediately.

The defendant is restrained from transferring any real or personal property, unless it is necessary to liquidate and apply the proceeds of such property as full or partial payment of the criminal monetary penalty.

Payments shall be applied in the following order: (1) assessment, (2) restitution principal, (3) restitution interest, (4) fine principal, (5) community restitution, (6) fine interest, (7) penalties, and (8) costs, including cost of prosecution and court costs.

CLERK'S OFFICE USE ONLY:	
ECF DOCUMENT	
I hereby attest and certify this is a printed copy of document which was electronically filed with the United States District Court for the District of Neb	
Date Filed:	
DENISE M. LUCKS, CLERK	
By	Deputy Clerk